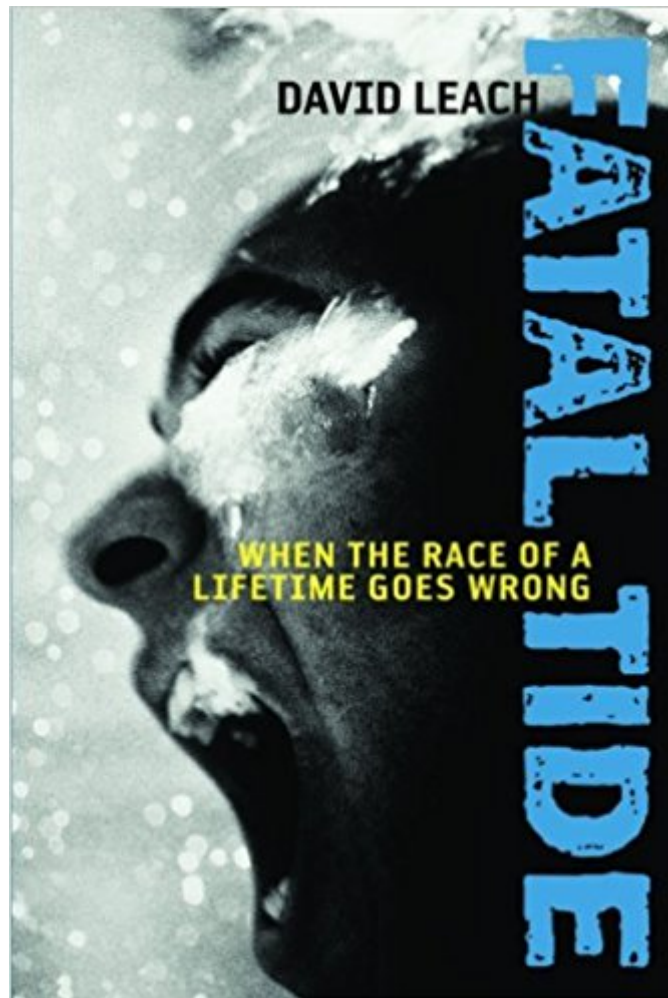




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# Fatal Tide: When The Race Of A Lifetime Goes Wrong



## Synopsis

On June 1, 2002, dozens of "weekend warriors" and other after-work athletes set off from Saint John, New Brunswick, for a day of competitive adventure: trail running, mountain biking, and sea kayaking on the legendary Bay of Fundy, home to the world's highest tides. However, as a storm swept across the coast, what had begun as a fun introduction to the fast-growing sport of adventure racing turned into an anxious struggle to survive that ultimately drew two young men together in a fateful encounter. The shocking conclusion to the race continues to reverberate throughout the international community of outdoor adventurers and extreme athletes. *Fatal Tide: When the Race of a Lifetime Goes Wrong* dramatizes, in the storytelling style of such non-fiction bestsellers as *Into the Wild* and *The Perfect Storm*, precisely what happened at the controversial Fundy Multi-Sport Race. The book transports readers onto the turbulent Bay of Fundy, as competitors fight against the elements and face their deepest fears, while race organizers, Coast Guard crews, and fishermen rush to their rescue. As the tragedy unfolds, *Fatal Tide* also uncovers the genetics and psychology of risk-taking, the rise of reality-TV guru Mark Burnett, the dark history behind the science of hypothermia, as well as the emotional and legal fallout from the first death of an adventure racer in North America.

## Book Information

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## Customer Reviews

If you have seen some of my other reviews, you will correctly surmise that I like fast-paced true adventure stories in the tradition of "Into The Wild". This book did not disappoint. Since I appear to be writing the first review of this book, I will provide some background information on the story. A

day-long adventure race called the Fundy Multi-Sport Race is organized by a couple, Sara Vlug and Jayme Frank. The couple became involved in adventure racing in 1998 when the sport was gaining popularity because of the success of Mark Burnett's (of 'Survivor' fame) Eco-challenge adventure races. After training and competing in various races, involving variations of paddling, bushwacking, off-road biking, and alpine events, they began organizing their own races. On June 1, 2002, 68 competitors ranging in ages from 17 to 70 participate in Vlug and Frank's Fundy Multi-Sport Race involving 15 km of trail running, over 30 km of mountain biking and 12 km of sea kayaking on the Bay of Fundy. A storm comes up, sea conditions worsen and the event ends in tragedy. I found the book extremely well written, providing enough information about the competitors to make it interesting without bogging you down in too much background, like many other books. The pace of the book doesn't let up and I found it difficult to put down. Pictures of some of the people involved and an accounting of the aftermath make it even more interesting and unforgettable. If you like fast-paced adventure stories, you won't want to miss this one. Highly recommended. For other books that I found gripping and well worth reading, see my other reviews or my listmania list. I am an avid reader of true adventure and/or survival stories.

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